LPPS CANTEEN MENU EFFECTIVE FEB 2018

Please select food carefully. Green Foods are everyday foods.

Amber Foods are select carefully and occasional food.

There is no deep frying in the canteen, only oven baked.

Lunch paper bag add 10c (if one is not supplied by student) Tomato Sauce Sachet add 20c

EVERYDAY FOOD (GREEN OPTION)

Sandwiches: wholemeal or white Toasted add 40c, extra items add 50c, wrap add 50c		Hot foods/Gourmet Meals	
Toasteu auu 40c, extra items auu 50c, wrap au	u 500	not loous/ dournlet inleals	
Salad: lettuce, carrot, tomato, beetroot mayo	\$4.00	Homemade Lasagne	\$4.80
Meat & Salad: fresh chicken, ham or tuna	\$4.50	Homemade Spaghetti Bolognaise	\$4.50
Cheese & Salad/Egg & salad	\$4.50	Homemade Macaroni Cheese	\$4.50
Tuna, mayo, lettuce	\$3.50	Homemade G/F Vegetarian Fried Rice	\$4.50
Egg mayo lettuce	\$3.50	Homemade Pasta Napoli	\$4.00
Ham & cheese	\$3.50	G/F, L/F Pasta Bolognaise	\$4.50
Fresh chicken	\$3.50	Cheese Burger: homemade beef patty	',
Ham or Tuna (plain)	\$3.20	lettuce, tomato, cheese & sauce	\$4.70
Cheese	\$3.00	Chicken Burger: homemade chicken	
Cheese & vegemite	\$3.00	patty, lettuce, tomato & mayo	\$4.70
Vegemite	\$2.50	Tuna Sushi & soy sauce	\$3.00
		Hard Boiled Egg	\$1.00
Salad Box (Term 1 & 4): Lettuce, tomato, cucumber, carrot,		Soup (Term 2 & 3)w garlic pizza	\$3.00
beetroot with mayo sachet	\$5.00	Vegetable or pumpkin	
Add chicken or egg	\$1.00		
SELECT CAREFULLY (AMBER OPTION)			
Hotdog & sauce (low fat, skinless)	\$3.50	Four n Twenty Meat Pie	\$4.00
Puppy Dog (half hotdog)	\$2.00	Four n Twenty Sausage Roll	\$3.50
		Mrs Mac Good Eating Pastie (Veg)	\$3.50
Sweet Chilli Chicken Wrap: chilli chicken		Party Pie	\$1.00
tender, lettuce, tomato, mayo in a wrap	\$4.50	G/F Meat Pie	\$5.00
Chicken Nuggets (3 in bag)	\$2.50	Chicken /Beef Noodle Cup	\$3.00
Nachos: corn chips, salsa and cheese	\$4.50	Pizza Margarita	\$3.50
Dim Sim	\$1.00	Pizza Hawaiian	\$3.50
Add soy sauce	\$0.20	Tizza Hawanan	φ3.30
FROZEN FOODS (AMBER)		SNACKS/HOMEMADE GOODS (AMBER)	
Frozen Juice Cups	\$1.00	H'made Muffins	\$1.00
Juicies (various flavours)	\$1.00	H'made choc-chip Cookies	\$1.00
Paddle Pop Icy Twists	\$1.50	Banana Cupcakes	\$1.00
Paddle Pop: Choc, Banana, Rainbow	\$1.70	Homemade Slices	\$1.00
Calippo	\$1.50	Honey Joys	\$0.50
Moosies: (choc, blue, green, pink)	\$1.50	Rice Cakes x 2	\$0.50
Slush puppies	\$2.20	Chips: Salt & Vinegar, Honey Soy, Salt	\$1.50
Frozen Fruit (G)	\$0.50	JJ Snacks; various flavours	\$1.50
		Noodle Snacks; chicken/beef	\$1.00
<u>DRINKS</u>		Gingerbread Man	\$1.50
Hot Choc (Term 2 & 3)	\$1.00	Popcorn	\$1.00
Big M: Choc/Strawberry	\$2.20	Mousse	\$1.00
Just Juice: apple, orange,		Jelly	\$1.00
Apple/black currant	\$2.00	Jelly & raspberries	\$1.00
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^{*}There are different items and specials available at the counter.

300ml

Water

(G) Fresh Fruit (seasonal)

\$1.00

\$1.00

^{**}Snack foods & homemade goodies are available at recess and lunch times at the counter. Counter sales are strictly cash.