

## LPPS CANTEEN MENU EFFECTIVE FEB 2020

Please select food carefully. Green Foods are everyday foods.

Amber Foods are select carefully and occasional food.

There is no deep frying in the canteen, only oven baked.

**\*\*10c PAPER LUNCH BAG (IF YOU DON'T SUPPLY ONE)**

**\*\*20c TOMATO SAUCE SACHET**

### EVERYDAY FOOD (GREEN OPTION)

#### Sandwiches: wholemeal or white

**Toasted add 40c, extra items add 50c, wrap add 50c**

<b>Salad:</b> lettuce, carrot, tomato, beetroot mayo	\$4.00
<b>Meat &amp; Salad:</b> fresh chicken, ham or tuna	\$4.50
Cheese & Salad/Egg & salad	\$4.50
Tuna, mayo, lettuce	\$3.50
Egg mayo lettuce	\$3.50
Ham & cheese	\$3.50
Fresh chicken	\$3.50
Ham or Tuna (plain)	\$3.20
Cheese	\$3.00
Cheese & vegemite	\$3.00
Vegemite	\$2.50

<b>Salad Box (Term 1 &amp; 4):</b> Lettuce, tomato, cucumber, carrot, beetroot with mayo sachet	\$5.00
Add chicken or egg	\$1.00

#### Hot foods/Gourmet Meals

Homemade Lasagne	\$4.80
Homemade Spaghetti Bolognaise	\$4.50
Homemade Macaroni Cheese	\$4.50
Homemade <b>G/F</b> Vegetarian Fried Rice	\$4.50
Homemade Pasta Napoli	\$4.00
<b>G/F, L/F</b> Pasta Bolognaise	\$4.50
<b>Cheese Burger:</b> homemade beef patty, lettuce, tomato, cheese & sauce	\$4.70
<b>Chicken Burger:</b> homemade chicken patty, lettuce, tomato & mayo	\$4.70
Tuna Sushi & soy sauce	\$3.00
Hard Boiled Egg	\$1.00
<b>Soup (Term 2 &amp; 3)&amp; garlic pizza</b>	\$3.00
Chicken & Vegetable or Pumpkin	

### SELECT CAREFULLY (AMBER OPTION)

Hotdog & sauce (low fat, skinless)	\$3.50
Puppy Dog (half hotdog)	\$2.00
Sweet Chilli Chicken Wrap: chilli chicken tender, lettuce, tomato, mayo in a wrap	\$4.50
Chicken Nuggets (3 in bag)	\$2.50
Nachos: corn chips, salsa and cheese	\$4.50
Dim Sim	\$1.00
Add soy sauce	\$0.20

Four n Twenty Meat Pie	\$4.00
Four n Twenty Sausage Roll	\$3.50
Mrs Mac Good Eating Pastie ( <b>Veg</b> )	\$3.50
Party Pie	\$1.00
<b>G/F</b> Meat Pie	\$5.00
Chicken /Beef Noodle Cup	\$3.00
Pizza Margarita	\$3.50
Pizza Hawaiian	\$3.50

#### FROZEN FOODS (AMBER)

Frozen Juice Cups	\$1.00
Juicies (various flavours)	\$1.00
Paddle Pop Icy Twists	\$1.50
Paddle Pop: Choc, Banana, Rainbow	\$1.70
Calippo	\$1.50
Moosies: (choc, blue, green, pink)	\$1.50
Slush Puppies	\$2.20
Frozen Fruit ( <b>G</b> )	\$0.50

#### DRINKS

Hot Choc ( <b>Term 2 &amp; 3</b> )	\$1.00
Big M: Choc/Strawberry	\$2.20
Just Juice: apple, orange,	
Apple/black currant	\$2.00
Water 300ml	\$1.00

#### SNACKS/HOMEMADE GOODS (AMBER)

H'made Muffins	\$1.00
H'made choc-chip Cookies	\$1.00
Banana Cupcakes	\$1.00
Homemade Slices	\$1.00
Honey Joys	\$0.50
Rice Cakes x 2	\$0.50
Chips: Salt & Vinegar, Honey Soy, Salt	\$1.50
JJ Snacks; various flavours	\$1.50
Noodle Snacks; chicken/beef	\$1.00
Gingerbread Man	\$1.50
Popcorn	\$1.00
Mousse	\$1.00
Jelly	\$1.00
Jelly & raspberries	\$1.00
( <b>G</b> ) Fresh Fruit (seasonal)	\$1.00

\*There are different items and specials available at the counter.

\*\*Snack foods & homemade goodies are available at recess and lunch times at the counter. Counter sales are strictly cash.